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Reconstructing the Past: Trauma, Memory and Therapy -Prepared as a background paper for the weekend seminar, **"Feeling, Knowing & Being: Perspectives on Dissociative Disorders & Treatment"** • Download Paper Here

While some such issues are ones that are regularly addressed in seminars on dissociative disorders, others concern things that are not so commonly covered. In particular, Warwick will convey something of the personal challenges the therapist faces at the intrapsychic but also at the professional level, including the sorts of intense transference/countertransference that can be encountered, the slippery slope to boundary violations, the need to remain grounded and with professional supports, and all the while maintaining care not to go beyond verifiable data in constructing either therapy or theory.

Warwick will convey a perspective on how dissociation fits in the spectrum of mechanisms that humankind has routinely used in order to "not know" of things that would be overwhelming or markedly discomforting. Such a perspective leads logically to a consideration of the nature of selfhood, something that embodies self-knowledge, self-reflection, a focus on personal responsibility and the will to grow by confronting that which is painful or difficult.

The 8 sessions of this 2 day seminar will cover the following topics:

A World View of Individual Trauma
Traversing the History of Dissociative Disorders
The Self and its Boundaries
Dissociative Disorders and the Neurosis-Psychosis continuum
The Focus, Objectives and Staging of Therapy
Specific therapeutic techniques / particular therapeutic challenges
Memory, Trauma and Dissociation
The Personal Challenges of Treating Dissociative Patients